

WELLS COUNTY 2006: ALL QUESTIONS TABLE

Guidelines for interpretation

- These results represent the distribution of responses to all questions in the survey. They do not represent specific risk factors. For instance, the risk factor for current smoking is derived from two questions: “Have you smoked 100 cigarettes in your life?” and “Do you smoke cigarettes every day, some day or not at all?” A little less than half of all respondents have smoked 100 cigarettes in their life and about two thirds of ever smokers still smoke. The rate of current smoking is only about 20%. This result is found in a risk factor table.
- All analyses exclude the unknown and missing responses unless the question is a knowledge or opinion question. Only for an occasional question (e.g., income) is the percentage of missing and unknown results substantial.
- The total survey size is 488 surveys. This means for some questions the number of respondents is small and gives an unstable result. If the number of respondents is less than 10 the result has been marked with an * noting that the result is potentially highly unstable. However, results between 10 and 50 are unstable but are not marked as such.
- Below every table is a description of the population asked the questions. For instance, below the table for “Do you smoke cigarettes every day, some days or not at all?” it is labeled that the question was only asked of people who had ever smoked 100 cigarettes in their lifetime.
- Just because the difference between the county result and the state results looks substantial, it does not mean the difference is “real.” It may be a phenomenon of small numbers in the county survey. The table of risk factors provide you with confidence intervals to allow you to determine if the result is statistically different. If the confidence limits for the state value and the county value do not overlap, the result is statistically different (that is, unlikely to be due to chance alone). Confidence intervals are not provided in this table.
- Differences observed may be due to simple differences in the population distribution (e.g., percent of elderly persons).

Health Status

Would you say that in general your health is excellent, very good, good, fair, or poor?

Response Categories	Stutsman County %	North Dakota %
Excellent	12	21
Very good	38	36
Good	37	32
Fair	10	9
Poor	3	3

Among all respondents, excluding unknown and missing

Healthy Days

Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

Response Categories	Stutsman County %	North Dakota %
0	57	68
1-2	18	13
3-7	9	9
8-29	11	7
30	5	4

Among all respondents, excluding unknown and missing

Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

Response Categories	Stutsman County %	North Dakota %
0	69	69
1-2	9	10
3-7	9	11
8-29	11	7
30	3*	3

Among all respondents, excluding unknown and missing

During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

Response Categories	Stutsman County %	North Dakota %
0	79	83
1-2	4	7
3-7	5	5
8-29	9	4
30	3	2

Among all respondents, excluding unknown and missing

Health Care Access

Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare?

Response Categories	Stutsman County %	North Dakota %
Yes	93	88
No	7	12

Among all respondents, excluding unknown and missing

Do you have one person you think of as your personal doctor or health care provider?

Response Categories	Wells County %	North Dakota %
Yes, 1	80	67
Yes, >1	9	8
No	12	25

Among all respondents, excluding unknown and missing

Was there a time in the past 12 months when you needed to see a doctor but could not because of the cost?

Response Categories	Wells County %	North Dakota %
Yes	5	8
No	95	92

Among all respondents, excluding unknown and missing

About how long has it been since you last visited a doctor for a routine checkup? A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.

Response Categories	Wells County %	North Dakota %
< 1 year	60	62
1-2 years	21	16
2-5 years	8	10
5+ years	10	12
Never	1*	1

Among all respondents, excluding unknown and missing

Exercise

During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

Response Categories	Wells County %	North Dakota %
Yes	73	78
No	27	22

Among all respondents, excluding unknown and missing

Diabetes

Have you EVER been told by a doctor that you have diabetes?

Response Categories	Wells County %	North Dakota %
Yes	8	7
Yes, during pregnancy	<1*	1
No	91	92
No, pre-diabetes or borderline diabetes	2*	1

Among all respondents, excluding unknown and missing

How old were you when you were told you have diabetes?

Response Categories	Wells County %	North Dakota %
0-19	3*	3
20-39	3*	14
40-59	68	51
60-79	23	30
80-97	2*	3

Percentage among respondents ever diagnosed with diabetes (non-gestational) excluding unknown and missing

Are you now taking insulin?

Response Categories	Wells County %	North Dakota %
Yes	50*	26

No	51	74
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Percentage among respondents ever diagnosed with diabetes (non-gestational) excluding unknown and missing

Are you now taking diabetes pills?

Response Categories	Wells County %	North Dakota %
Yes	45	71
No	55	29

Percentage among respondents ever diagnosed with diabetes (non-gestational) excluding unknown and missing

About how often do you check your blood for glucose or sugar? Include times when checked by a family member or friend, but do NOT include times when checked by a health professional.

Response Categories	Wells County %	North Dakota %
Never	6*	10
< 1 per week	0	4
1-6 per week	10*	21
1 per day	26	26
2 per day	42*	21
3+ per day	16*	18

Percentage among respondents ever diagnosed with diabetes (non-gestational) excluding unknown and missing

About how often do you check your feet for any sores or irritations? Include times when checked by a family member or friend, but do NOT include times when checked by a health professional.

Response Categories	Wells County %	North Dakota %
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Never	3*	9
<1 per week	2*	10
1-6 per week	13*	19
1+ per day	82	62

Percentage among respondents ever diagnosed with diabetes (non-gestational) excluding unknown and missing

Have you EVER had any sores or irritations on your feet that took more than four weeks to heal?

Response Categories	Wells County %	North Dakota %
Yes	39*	10
No	61	90

Percentage among respondents ever diagnosed with diabetes (non-gestational) excluding unknown and missing

About how many times in the past 12 months have you seen a doctor, nurse, or other health professional for your diabetes?

Response Categories	Wells County %	North Dakota %
0	4*	8
1	12*	20
2	13*	26
3	3*	15
4	58	22
5+ per year	11*	9

Percentage among respondents ever diagnosed with diabetes (non-gestational) excluding unknown and missing

A test for "A one C" measures the average level of blood sugar over the past three months. About how many times in the past 12 months has a doctor, nurse, or other health professional checked you for "A one C"?

Response Categories	Wells County %	North Dakota %
0	6*	8
1	8*	22
2	14*	34
3	10*	15
4	54	18
5+ per day	7*	4

Percentage among respondents ever diagnosed with diabetes (non-gestational) excluding unknown and missing. Note: Excludes 14% who did not know or who reported never having heard of HgA1c.

About how many times in the past 12 months has a health professional checked your feet for any sores or irritations?

Response Categories	Wells County %	North Dakota %
0	20	17
1	14*	31
2	7*	23
3	2*	9
4	51*	11
5+ per day	8*	9

Percentage among respondents ever diagnosed with diabetes (non-gestational) who still have one or both feet, excluding unknown and missing

When was the last time you had an eye exam in which the pupils were dilated? This would have made you temporarily sensitive to bright light.

Response Categories	Wells County %	North Dakota %
<1 month	11 *	19
1-12 months	63	55
1-2 years	15 *	14
2+ years	5 *	10
Never	6 *	2

Percentage among respondents ever diagnosed with diabetes (non-gestational) excluding unknown and missing

Has a doctor EVER told you that diabetes has affected your eyes or that you had retinopathy?

Response Categories	Wells County %	North Dakota %
Yes	41 *	14
No	59	86

Percentage among respondents ever diagnosed with diabetes (non-gestational) excluding unknown and missing

Have you EVER taken a course or class in how to manage your diabetes yourself? (220)

Response Categories	Wells County %	North Dakota %
Yes	33	57
No	67	43

Percentage among respondents ever diagnosed with diabetes (non-gestational) excluding unknown and missing

Oral Health

How long has it been since you last visited a dentist or a dental clinic for any reason? Include visits to dental specialists, such as orthodontists.

Response Categories	Wells County %	North Dakota %
<1 year	68	71
1-2 years	13	10
1-5 years	9	9
5+ years	11	10
Never	0*	0

Among all respondents, excluding unknown and missing

How many of your permanent teeth have been removed because of tooth decay or gum disease? Include teeth lost to infection, but do not include teeth lost due for other reasons, such as injury or orthodontics.

Response Categories	Wells County %	North Dakota %
1-5	33	28
6+ but not all	17	10
All	11	6
None	39	56

Among all respondents, excluding unknown and missing

How long has it been since you last had your teeth cleaned by a dentist or dental hygienist?

Response Categories	Wells County %	North Dakota %
<1 year	53	66

1-2 years	13	9
1-5 years	8	9
5+ years	12	9
Never	3	2
No teeth	12	6

Among all respondents, excluding unknown and missing

Cardiovascular Disease Prevalence

Has a doctor, nurse, or other health professional EVER told you that you had any of the following?

(Ever told) you had a heart attack, also called a myocardial infarction?

Response Categories	Wells County %	North Dakota %
Yes	9	4
No	91	96

Among all respondents, excluding unknown and missing

(Ever told) you had angina or coronary heart disease?

Response Categories	Wells County %	North Dakota %
Yes	9	4
No	91	96

Among all respondents, excluding unknown and missing

(Ever told) you had a stroke?

Response Categories	Wells County %	North Dakota %
Yes	6	2
No	95	98

Among all respondents, excluding unknown and missing

Asthma

Have you ever been told by a doctor, nurse or other health professional that you had asthma?

Response Categories	Wells County %	North Dakota %
Yes	15	10
No	85	90

Among all respondents, excluding unknown and missing

Do you still have asthma?

Response Categories	Wells County %	North Dakota %
Yes	13	7
No	87	93

Among all respondents, excluding unknown and missing

Disability

Are you limited in any way in any activities because of physical, mental, or emotional problems?

Response Categories	Wells County %	North Dakota %
Yes	15	15
No	85	85

Among all respondents, excluding unknown and missing

Do you now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? Include occasional use or use in certain circumstances

Response Categories	Wells County %	North Dakota %
Yes	4	4
No	96	96

Among all respondents, excluding unknown and missing

Tobacco Use

Have you smoked at least 100 cigarettes in your entire life?

Response Categories	Wells County %	North Dakota %
Yes	46	44
No	54	56

Among all respondents, excluding unknown and missing

Do you now smoke cigarettes every day, some days, or not at all?

Response Categories	Wells County %	North Dakota %
None now	20	36
Some days	11	9
Every day	69	55

Percentage among ever smokers excluding unknown and missing

During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?

Response Categories	Wells County %	North Dakota %
Yes	61	49
No	39	51

Percentage among persons who smoke some days or every day, excluding unknown and missing

Demographics

What is your age?

Response Categories	Wells County %	North Dakota %
18-24	6	16
25-34	11	16
35-44	12	17
45-54	18	20
55-64	21	13
65-74	13	9
75+	18	10

Among all respondents, excluding unknown and missing

Are you Hispanic or Latino?

Response Categories	Wells County %	North Dakota %
Yes	1*	1
No	99	99

Among all respondents, excluding unknown and missing

Which one or more of the following would you say is your race? Would you say: White, Black or African American, Asian, Native Hawaiian or Other Pacific Islander, American Indian or Alaska Native, or Other?

Response Categories	Wells County %	North Dakota %
White	99	94
AI	<1*	3

Other	<1*	2
Multirace	<1*	1

Among all respondents, excluding unknown and missing

Which one of these groups would you say best represents your race?

Response Categories	Wells County %	North Dakota %
White	99	94
AI	<1*	4
Other	<1*	2

Among all respondents, excluding unknown and missing

Are you married, divorced, widowed, separated, never married, or a member of an unmarried couple?

Response Categories	Wells County %	North Dakota %
Married	71	64
Divorced	5	7
Widowed	9	7
Separated	0*	1
Never Married	14	18
Unmarried Couple	1*	3

Among all respondents, excluding unknown and missing

How many children less than 18 years of age live in your household?

Response Categories	Wells County %	North Dakota %
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0	74	62
1	8	15
2	7	13
3	5	7
4+	6	2

Among all respondents, excluding unknown and missing

What is the highest grade or year of school you completed?

Response Categories	Wells County %	North Dakota %
<HS	14	8
High School	40	29
Some College	24	32
College	22	31

Among all respondents, excluding unknown and missing

Are you currently: employed for wages, self-employed, out of work for more than 1 year, out of work for less than 1 year, a homemaker, a student, retired, or unable to work?

Response Categories	Wells County %	North Dakota %
Wages	41	66
Self	16	13
Unemployed > 1 year	<1*	1
Unemployed < 1 year	1*	3
Homemaker	7	8

Student	6	6
Retired	24	3
Unable to work	5	

Among all respondents, excluding unknown and missing

Is your annual household income from all sources?

Response Categories	Wells County %	North Dakota %
<\$10,000	3	4
\$10-\$15,000	4	4
\$15-\$20,000	9	6
\$20-\$25,000	9	9
\$25-\$35,000	16	15
\$35-\$50,000	20	20
\$50-\$75,000	16	21
\$75,000+	23	21

Among all respondents, excluding unknown and missing

About how much do you weigh without shoes?

Response Categories	Wells County %	North Dakota %
<125	6	7
125-149	12	19
150-174	18	23
175-199	23	22
200-224	21	16

225-249	14	7
250+	5.9	7

Among all respondents, excluding unknown and missing

About how tall are you without shoes?

Response Categories	Wells County %	North Dakota %
<62 in	5	6
62-67	43	44
68-71	37	31
72+	15	19

Among all respondents, excluding unknown and missing

What is your ZIP Code where you live?

Response Categories	Wells County %
58234	<1*
58237	5
58243	3
58270	2*
58301	<1*
58324	<1*
58340	<1*
58341	43
58347	<1*
58356	5
58401	<1*
58418	10
58421	<1*
58422	3
58423	2*
58431	<1*
58432	<1*
58438	11
58450	<1*
58451	3*
58486	7*
58541	<1*

58546	<1
58641	<1
58710	<1
58718	<1
58758	<1
58820	1
58852	3

Among all respondents, excluding unknown and missing

During the past 12 months, has your household been without telephone service for 1 week or more? Do not include interruptions of phone service due to weather or natural disasters.

Response Categories	Wells County %	North Dakota %
Yes	1 *	4
No	99	96

Among all respondents, excluding unknown and missing

Sex of respondent

Response Categories	Wells County %	North Dakota %
Male	50	50
Female	50	50

Among all respondents, excluding unknown and missing

To your knowledge, are you now pregnant?

Response Categories	Wells County %	North Dakota %
Yes	6*	7
No	95	93

Percentage among all females ages 18-44 excluding unknown and missing

Veteran's Status

Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit?

Response Categories	Wells County %	North Dakota %
Yes	15	15
No	86	85

Among all respondents, excluding unknown and missing

Alcohol Consumption

During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor?

Response Categories	Wells County %	North Dakota %
Yes	46	59
No	54	41

Among all respondents, excluding unknown and missing

During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage? (days per month)

Response Categories	Wells County %	North Dakota %
1-7	76	73
8-14	13	19
15-29	5	4
30	6	4

Percentage among respondents who have had at least one drink in the past 30 days, excluding unknown and missing

One drink is equivalent to a 12 ounce beer, a 5 ounce glass of wine, or a drink with one shot of liquor. On the days when you drank, during the past 30 days, about how many drinks did you drink on the average?

Response Categories	Wells County %	North Dakota %
1	46	36
2	26	29
3	9	14

4	5	6
5+	13	15

Percentage among respondents who have had at least one drink in the past 30 days, excluding unknown and missing

Considering all types of alcoholic beverages, how many times during the past 30 days did you have 5 or more drinks on one occasion?

Response Categories	Wells County %	North Dakota %
0	74	63
1	10	16
2	5	9
3	4	4
4	4	3
5+	5	6

Among all respondents, excluding unknown and missing

During the past 30 days, what is the largest number of drinks you had on any occasion?

Response Categories	Wells County %	North Dakota %
1	33	22
2	30	24
3	11	15
4	4	8
5-8	14	21
9+	7	11

Percentage among respondents who have had at least one drink in the past 30 days, excluding unknown and missing

Immunization

A flu shot is an influenza vaccine injected in your arm. During the past 12 months, have you had a flu shot?

Response Categories	Wells County %	North Dakota %
Yes	38	38
No	62	62

Among all respondents, excluding unknown and missing

During the past 12 months, have you had a flu vaccine that was sprayed in your nose? The flu vaccine that is sprayed in the nose is also called FluMistTM.

Response Categories	Wells County %	North Dakota %
Yes	1*	1
No	99	99

Among all respondents, excluding unknown and missing

A pneumonia shot or pneumococcal vaccine is usually given only once or twice in a person's lifetime and is different from the flu shot. Have you ever had a pneumonia shot?

Response Categories	Wells County %	North Dakota %
Yes	32	26
No	68	74

Among all respondents, excluding unknown and missing

Have you ever received the Hepatitis B vaccine? The hepatitis B vaccine is completed after the third shot is given.

Response Categories	Wells County %	North Dakota %
Yes	34	38
No	66	62

Among all respondents, excluding unknown and missing

Tell me if any of these statements are true for you. Don't tell me which statement or statements are true for you, just if any of them are true.

- You have hemophilia and have received clotting factor concentrate
- You are a man who has had sex with other men, even if just one time
- You have taken street drugs by needle, even if just one time
- You have traded sex for money or drugs, even if just one time
- You have tested positive for HIV
- You have had sex (even is just one time) with a person who would answer yes to any of these questions
- You had more than two sex partners in the past year

Response Categories	Wells County %	North Dakota %
Yes	1 *	4
No	99	96

Among all respondents, excluding unknown and missing

Falls

In the past 3 months, how many times have you fallen?

Response Categories	Wells County %	North Dakota %
0	82	84
1	10	11
2+	8	5

Among respondents age 45 and older, excluding unknown and missing

How many of these falls caused an injury?

Response Categories	Wells County %	North Dakota %
0	80	69
1	20	25
2+	0	6

Among respondent age 45 and older who reported falling, excluding unknown and missing

Seatbelt Use

How often do you use seatbelts when you drive or ride in a car?

Response Categories	Wells County %	North Dakota %
Always	45	58
Nearly always	36	26
Sometimes	9	9
Seldom	5	4
Never	4	3

Among respondents, excluding unknown, missing, and those who don't ride in cars

Drinking and Driving

During the past 30 days, how many times have you driven when you've had perhaps too much to drink?

Response Categories	Wells County %	North Dakota %
0	95	93
1	4*	5
2+	1*	3

Among respondents who reported any alcohol use in the past 30 days and who drive, excluding unknown and missing

Women's Health

A mammogram is an X-ray of each breast to look for breast cancer. Have you ever had a mammogram?

Response Categories	Wells County %	North Dakota %
Yes	77	66
No	24	34

Among all female respondents, excluding unknown and missing

How long has it been since you had your last mammogram?

Response Categories	Wells County %	North Dakota %
<1 year	53	45
1-2 years	10	10
2-3 years	8	4
3-5 years	2*	4
5+ years	3	3
Never	24	34

Among female respondents who ever had a mammogram, excluding unknown and missing

A clinical breast exam is when a doctor, nurse, or other health professional feels the breasts for lumps. Have you ever had a clinical breast exam?

Response Categories	Wells County %	North Dakota %
Yes	89	93
No	11	8

Among all female respondents, excluding unknown and missing
How long has it been since your last breast exam?

Response Categories	Wells County %	North Dakota %
<1 year	59	65
1-2 years	14	16
2-3 years	10	5
3-5 years	2	3
5+ years	4	5
Never	11	8

Among female respondents who ever had a breast exam, excluding unknown and missing

A PAP test is a test for cancer of the cervix. Have you ever had a PAP test?

Response Categories	Wells County %	North Dakota %
Yes	95	96
No	5	5

Among all female respondents, excluding unknown and missing

How long has it been since your last PAP test?

Response Categories	Wells County %	North Dakota %
<1 year	52	57
1-2 years	14	16
2-3 years	12	7
3-5 years	6*	5

5+ years	12	11
Never	5*	5

Among female respondents who ever had a PAP test, excluding unknown and missing

Have you had a hysterectomy?

Response Categories	Wells County %	North Dakota %
Yes	24	22
No	76	78

Among non-pregnant female respondents, excluding unknown and missing

Prostate Cancer Screening

A Prostate-Specific Antigen test, also called a PSA test, is a blood test used to test men for blood cancer. Have you ever had a PSA test?

Response Categories	Wells County %	North Dakota %
Yes	72	63
No	28	37

Among all male respondents age 40 and older, excluding unknown and missing

How long has it been since your last PSA test?

Response Categories	Wells County %	North Dakota %
Never	28	38
<1 year	46	40
1-2 years	15	12
2-3 years	8*	6
3-5 years	2*	3
5+ years	1*	2

Among male respondents age 40 and older who ever had a PSA test, excluding unknown and missing

A digital rectal exam is an exam in which a doctor, nurse, or other health professional placed a gloved finger into the rectum to feel the size, shape, and hardness of the prostate gland. Have you ever had a digital rectal exam?

Response Categories	Wells County %	North Dakota %
Yes	74	78

No	26	22
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Among all male respondents age 40 and older, excluding unknown and missing
How long has it been since your last digital rectal exam?

Response Categories	Wells County %	North Dakota %
Never	29	22
< 1 year	30	40
1-2 years	17	15
2-3 years	9	8
3-5 years	5	5
5+ years	10*	9

Among male respondents age 40 and older who ever had a digital rectal exam, excluding unknown and missing

Have you ever been told by a doctor, nurse, or other health professional that you have prostate cancer?

Response Categories	Wells County %	North Dakota %
Yes	9*	4
No	91	96

Among all male respondents age 40 and older, excluding unknown and missing

Colorectal Cancer Screening

A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. Have you ever had this test using a home kit?

Response Categories	Wells County %	North Dakota %
Yes	30	40
No	70	60

Among all respondents age 50 and older, excluding unknown and missing

How long has it been since your last blood stool test using a home kit?

Response Categories	Wells County %	North Dakota %
Never	70	60
< 1 year	6	15
1-2 years	5	7
2-5 years	6	10
5+ years	12	8

Among respondents age 50 and older who ever used a home blood stool test kit, excluding unknown and missing

Sigmoidoscopy and colonoscopy are exams in which a tube is inserted into the rectum to view the colon for signs of cancer and other health problems. Have you ever had either of these exams?

Response Categories	Wells County %	North Dakota %
Yes	51	56

No	49	44
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Among all respondents age 50 and older, excluding unknown and missing

How long has it been since your last sigmoidoscopy or colonoscopy?

Response Categories	Wells County %	North Dakota %
Never	49	44
<1 year	11	14
1-2 years	10	10
2-5 years	23	22
5-10 years	4	7
10+ years	3	4

Among respondents age 50 and older who ever had a sigmoidoscopy or colonoscopy, excluding unknown and missing

HIV/AIDS

Have you ever been tested for HIV? Do not count tests you many have had as part of a blood donation. Include test using fluid from your mouth.

Response Categories	Wells County %	North Dakota %
Yes	11	24
No	89	76

Among respondents age 18-64, excluding unknown and missing

Not including blood donations, in what month and year was your last HIV test? (Include saliva tests)

Response Categories	Wells County %	North Dakota %
1986-1999	32	38
2000	15*	8
2001	2*	8
2002	5*	10
2003	8*	8
2004	30*	14
2005	8*	16

Percentage among respondents ages 18-64 ever tested for HIV excluding unknown and missing

Where did you have your last HIV test at, a private doctor or HMO, a counseling and testing site, a hospital, a clinic, in a jail or prison, home, or somewhere else?

Response Categories	Wells County %	North Dakota %
Private doctor/HMO	45	20
Council/test	2*	2
Hospital	15	20
Clinic	32	40
Jail/prison	0	2
At home	2*	13
Someplace else	4*	4

Percentage among respondents ages 18-64 ever tested for HIV, excluding unknown and missing

Was it a rapid test where you could get your results within a few hours?

Response Categories	Wells County %	North Dakota %
Yes	15	11
No	85	89

Among respondents 18-64 tested for HIV during the last 12 months, excluding unknown and missing

Emotional Support & Life Satisfaction

How often do you get the social and emotional support you need?

Response Categories	Wells County %	North Dakota %
Always	50	48
Usually	29	36
Sometimes	11	9
Rarely	3	2
Never	8	4

Among all respondents, excluding unknown and missing

In general, how satisfied are you with your life?

Response Categories	Wells County %	North Dakota %
Very satisfied	52	46
Satisfied	46	50
Dissatisfied	2	3
Very Dissatisfied	0	0

Among all respondents, excluding unknown and missing

Secondhand Smoke Policy

Which statement best describes the rules about smoking inside your home?

Response Categories	Wells County %	North Dakota %
Smoking is not allowed anywhere inside your home	82	78
Smoking is allowed in some places or at some times	6	7
Smoking is allowed anywhere inside your home	0*	2
There are no rules about smoking inside your home	12	13

Among all respondents, excluding unknown and missing

While working at your job are you indoors most of the time?

Response Categories	Wells County %	North Dakota %
Yes	68	73
No	32	27

Among respondents employed or self-employed, excluding unknown and missing

Which of the following best describes your place of work's official smoking policy for indoor, public, or common areas, such as lobbies, restrooms, and lunch rooms?

Response Categories	Wells County %	North Dakota %
Not allowed in any public areas	93	89
Allowed in some public areas	3*	7
Allowed in all public areas	0	1
No official policy	4	3

Among respondents who are employed or self-employed who work indoors most of the time, excluding unknown and missing

Which of the following best describes your place of work's policy for work areas?

Response Categories	Wells County %	North Dakota %
Not allowed in any work areas	91	90
Allowed in some work areas	5*	5
Allowed in all work areas	0	1
No official policy	4	3

Among respondents who are employed or self-employed who work indoors most of the time, excluding unknown and missing

Anxiety and Depression

Over the last two weeks, how many days have you had little interest or pleasure in doing things?

Response Categories	Wells County %	North Dakota %
1-2	22	17
3-4	7	5
5+	11	9
None	61	68

Among all respondents, excluding unknown and missing

Over the last two weeks, how many days have you felt down depressed or hopeless?

Response Categories	Wells County %	North Dakota %
1-2	15	13
3-4	4	4
5+	5	6
None	77	77

Among all respondents, excluding unknown and missing

Over the last two weeks, how many days have you had trouble falling asleep, staying asleep, or sleeping too much?

Response Categories	Wells County %	North Dakota %
1-2	22	19
3-4	10	10

5+	20	19
None	49	53

Among all respondents, excluding unknown and missing

Over the last two weeks, how many days have you felt tired or had little energy?

Response Categories	Wells County %	North Dakota %
1-2	27	28
3-4	12	12
5+	20	24
None	41	36

Among all respondents, excluding unknown and missing

Over the last two weeks, how many days have you had a poor appetite or eaten too much?

Response Categories	Wells County %	North Dakota %
1-2	21	14
3-4	9	7
5+	13	14
None	57	65

Among all respondents, excluding unknown and missing

Over the last two weeks, how many days have you felt bad about yourself or that you were a failure or that you had let you or your family down?

Response	Wells County	North Dakota
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Categories	%	%
1-2	13	9
3-4	2	2
5+	6	5
None	79	84

Among all respondents, excluding unknown and missing

Over the last two weeks, how many days have you had trouble concentrating on things, such as reading the newspaper or watching TV?

Response Categories	Wells County %	North Dakota %
1-2	10	7
3-4	2	3
5+	6	5
None	83	85

Among all respondents, excluding unknown and missing

Over the last two weeks, how many days have you moved or spoken so slowly that other people might have noticed? Or the opposite – being so fidgety or restless that you were moving around a lot more than usual?

Response Categories	Wells County %	North Dakota %
1-2	10	4
3-4	2*	1
5+	1*	3
None	87	92

Among all respondents, excluding unknown and missing

Has a doctor or other health professional ever told you that you had an anxiety disorder, including acute stress disorder, anxiety, generalized anxiety disorder, obsessive-compulsive disorder, panic disorder, phobia, posttraumatic stress disorder or social anxiety disorder?

Response Categories	Wells County %	North Dakota %
Yes	13	10
No	87	90

Among all respondents, excluding unknown and missing

Has a doctor or other health professional ever told you that you had a depressive disorder (including depression, major depression, dysthymia, or minor depression)?

Response Categories	Wells County %	North Dakota %
Yes	17	17
No	83	83

Among all respondents, excluding unknown and missing

Occupation

On the average, how many hours per week, if any, do you work at a job or business?

Response Categories	Wells County %	North Dakota %
0	34	22
1-9	3	3
10-19	3	5
20-29	4	6
30-39	14	8
40	15	26
41+	27	30

Percentage among respondents who are employed for wages, self-employed, student, homemaker or retired, excluding unknown or missing

Which of the following most accurately describes the type of work or business you currently work in most often? Would you say...

Response Categories	Wells County %	North Dakota %
State government employee	3	9
Other government employee	6	9
Farmer or rancher	20	8
Other farm or ranch worker	3*	1
Manufacturing	6*	6
Health Care	18	13
Food or drink server (waiter, waitress, bartender)	1*	3
Wholesale or retail sales	8	12
Financial services	4	4
Other	30	35

Percentage among respondents who are employed for wages, self-employed, student, homemaker or retired, excluding unknown or missing

Excluding vacation days or other planned days off, during the past 12 months, how many days did you miss work due to physical illness, excluding mental or emotional illness?

Response Categories	Wells County %	North Dakota %
0	58	54
1-5	34	36
6-10	4	3
11-20	2*	1
21+	3	7

Percentage among respondents who are employed for wages, self-employed, student, homemaker or retired, excluding unknown or missing

Excluding vacation days or other planned days off, during the past 12 months, how many days did you miss work due to mental or emotional illness, excluding physical illness?

Response Categories	Wells County %	North Dakota %
0	92	89
1-5	2*	5
6-10	0	0
11-20	1*	0
21+	5	5

Percentage among respondents who are employed for wages, self-employed, student, homemaker or retired, excluding unknown or missing

Child Asthma

NOTE: Very small numbers of children with current asthma in the survey sample make interpretation of most questions in this section difficult.

Has a doctor or other health professional ever told you that [randomly selected child] has asthma?

Response Categories	Wells County %	North Dakota %
Yes	6*	10
No	95	90

Percentage among children, excluding unknown and missing

Does [randomly selected child in household] still have asthma?

Response Categories	Wells County %	North Dakota %
Yes	85*	72
No	15*	28

Percentage among children ever diagnosed with asthma, excluding unknown and missing

Smoking Cessation

About how long has it been since you last smoked a cigarette?

Response Categories	Wells County %	North Dakota %
<1 month	2*	3
1-3 months	1*	3
3-6 months	0	2
6-12 months	1*	5
1-5 years	4*	14

5-10 years	6	11
10+ years	87	62

Percentage among respondents who reported no longer smoking cigarettes, excluding unknown and missing

In the last 12 months, how many times have you seen a doctor, nurse or other health professional to get any kind of care for yourself?

Response Categories	Wells County %	North Dakota %
1	17	24
2+	54	53
None	28	23

Percentage among respondents who reported smoking everyday or some days, or had quit smoking in the past year, excluding unknown and missing.

In the last 12 months, on how many visits were you advised to quit smoking by a doctor or other health provider?

Response Categories	Wells County %	North Dakota %
1	19*	25
2+	33*	35
None	47	40

Percentage among respondents who reported smoking everyday or some days, or had quit smoking in the past year and who reported seeing a health professional one or more times in the past 12 months, excluding unknown and missing.

On how many visits did your doctor, nurse or other health professional recommend or discuss medication to assist you with quitting smoking, such as nicotine gum, patch, nasal spray, inhaler, lozenge, or prescription medication such as Wellbutrin/Zyban/Bupropion?

Response Categories	Wells County %	North Dakota %
1	7*	21
2+	5*	12
None	88	68

Percentage among respondents who reported smoking everyday or some days, or had quit smoking in the past year and who reported seeing a health professional one or more times in the past 12 months, excluding unknown and missing.

Tobacco Source

During the past 30 days, how did you usually get your cigarettes?

Response Categories	Wells County %	North Dakota %
I did not smoke cigarettes during the last 30 days	0	2
I bought them in the store such as a convenience store	96	87
I bought them from a vending machine	0	1
I bought them over the internet	0	0
I bought them on an Indian reservation	4*	7
I bought them in another state	0	1
I got them some other way	0	3

Percentage among respondents who currently smoke cigarettes, excluding unknown and missing

Pesticide Exposure

Over your lifetime how many years have you lived on a farm?

Response Categories	Wells County %	North Dakota %
Never lived on a farm	21	46
<5 years	6	7
5-10 years	4	5
10-20 years	19	20
20-30 years	13	8
>30 years	37	15

Percentage among respondents, excluding unknown and missing

Have you or a member of your family ever mixed or applied herbicide, insecticide, or fungicide?

Response Categories	Wells County %	North Dakota %
Yes	63	42
No	37	58

Percentage among all respondents, excluding unknown and missing

In your household, how are clothes usually washed after they have been worn when mixing or applying pesticides?

Response Categories	Wells County %	North Dakota %
Always wear disposable clothing	4*	3
Mixed with family wash	22	32
Soaked separately then mixed with family wash	4	5
Washed separately in family machine	67	55
Sent out or washed only in machine used for that purpose	3	5

Percentage among respondents who handled pesticides, excluding unknown and missing

How far is your drinking water well from the nearest area where pesticides are mixed?

Response Categories	Wells County %	North Dakota %
You don't have a well	55	61
<50 yards	16	6
50-100 yards	5	7
>100 yards	25	27

Percentage among respondents who handled pesticides, excluding unknown and missing

Are agricultural or commercial pesticides in unmixed concentrates stored, even temporarily, at your home?

Response Categories	Wells County %	North Dakota %
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Yes, in building not attached to home	14	6
Yes, in garage or attached outbuilding	4	6
Yes, in basement	5	1
Yes, in home, but not in basement	0*	1
No	77	86

Percentage among all respondents, excluding unknown and missing

Indian Health

Do you live on a reservation or Indian Service Area?

Response Categories	Wells County %	North Dakota %
Yes, reservation	0	2
Yes, Indian Service Area	0	1
No	100	97

Among all respondents, excluding unknown and missing

Are you currently an enrolled tribal member?

Response Categories	Wells County %	North Dakota %
Yes	0*	4
No	100	96

Among all respondents, excluding unknown and missing

How much of your health care do you obtain from an Indian Health Service Clinic?

Response Categories	Wells County %	North Dakota %
All	0*	1
Most	0	1
Some	0*	1
Little	0*	0
None	99	97

Among all respondents, excluding unknown and missing

What is the name of the health plan you use to pay for most of your medical costs?

Response Categories	Wells County %	North Dakota %
Medicare	19	15
Medicaid or medical assistance	1*	3
Military, Tricare, or CHAMPUS	0*	4
Indian Health Service	0	0
Blue Cross/Blue Shield of Noridian	63	66
ND-PERS	0	1
Fortis Insurance	1*	0
American Family Mutual	0	0
Medica Health Plans	0	1
Heart of America (HMO)	1*	0
Altru Health Plan	0	0
Other	10	9
None	6*	1

Among all respondents, excluding unknown and missing

Sexual Orientation

Do you consider yourself to be:

Response Categories	Wells County %	North Dakota %
Heterosexual	97	98
Homosexual	0*	0
Bisexual	0*	1
Other	2	1

Among all respondents, excluding unknown and missing